

## **Fitness Membership Info**

Membership Type	Membership Details	Individual  Single  Members  Ages 18-54	Senior, Student & Military Seniors ages 55+, Active Military or Students Ages 14-25	Family  Families in the same household with children under the age of 26	Senior Family  Families in the same household with one person age 55+ and children under the age of 26.
Non- Fitness	Includes access to our game room, designated walking times and open gym times. Kids 12 and under are not required to have a non-fitness membership but must be accompanied by an adult at all times who has a non-fitness pass.	\$5/Person/Annual Resident & Webster Business Employee \$5/Person/Annual Non-Resident + \$5 per open gym	N/A	N/A	N/A
Basic Fitness	Includes all of the benefits of Non- Fitness Membership plus unlimited access to the fitness center, racquetball, and open gym times.	\$336 Annual (\$28/Mo) Resident & Webster Business Employee - \$396 Annual (\$33/Mo) Non-Resident	\$300 Annual (\$25/Mo) Resident & Webster Business Employee - \$360 Annual (\$30/Mo) Non-Resident	\$492 Annual (\$41/Mo) Resident & Webster Business Employee - \$552 Annual (\$46/Mo) Non-Resident	\$432 Annual (\$36/Mo) Resident & Webster Business Employee - \$492 Annual (\$41/Mo) Non-Resident
Premier Fitness	Includes all of the benefits of the Basic Membership plus discounted and/or free fitness classes and open pickleball.	\$420 Annual (\$35/Mo) Resident & Webster Business Employee - \$480 Annual (\$40/Mo) Non-Resident	\$360 Annual (\$30/Mo) Resident & Webster Business Employee - \$420 Annual (\$35/Mo) Non-Resident	\$660 Annual (\$55/Mo) Resident & Webster Business Employee - \$720 Annual (\$60/Mo) Non-Resident	\$600 Annual (\$50/Mo) Resident & Webster Business Employee - \$660 Annual (\$55/Mo) Non-Resident
Punch Pass	Punch passes have no expiration date. They can be used towards the fitness center, racquetball courts, and selected fitness classes. This pass is for individuals only.	10 Visits + 1 Free = \$50 Resident & Webster Business Employee - 10 Visits + 1 Free = \$55 Non Refundable for Non-Resident	<ul> <li>Fitness Center Age Guidelines</li> <li>Children 10 and under are not permitted in the fitness center.</li> <li>Children between the ages of 11-13 years old MUST be supervised by a parent or guardian at all times, and complete a one time 20 minute orientation with a fitness staff member.</li> <li>Members 14+ may use the fitness center unsupervised after completing orientation with a fitness staff member.</li> </ul>		

\*We honor insurance fitness benefits for eligible members through many major insurance providers. Please contact our main office at 585.872.7103 to verify your eligibility for a Premier Level Membership benefit.

















## **Personal Training Info**

Personal training are 1 on 1 sessions with a fitness professional for ONE (1) hour. The sessions are customized to your individual needs and goals and are available to Fitness Members & Non-Members. For more information or to sign up contact Jay Verna, our Fitness Specialist at jverna@ci.webster.ny.us

1 Session - \$35 for Member / \$40 for Non-Member

5 Sessions: - \$165 for Member / \$175 for Non-Member

10 Sessions: - \$320 for Member / \$340 for Non-Member

12 Sessions: - \$372 for Member / \$396 for Non-Member

16 Sessions: - \$480 for Member / \$512 for Non-Member

Partner Training - \$50 (2 people) for both Member and **Non-Member** 

Group Training (3-5 people) - \$80/hourly session for both **Member and Non-Member** 

## FREE CHILD WATCH

WITH

Now with daytime hours!

Enjoy a program or fitness class at the Webster Rec Center and we'll watch your kiddos for free!

> MORNING HOURS!

Monday, Thursday & Saturdays: 8:00am-12:00pm

